

The District of Columbia Department of Health



Check Your Flu IQ Do You Need a Flu Shot?

1. I am over **50 years** of age. Yes ___ No ___
2. I am between **6 months** and **49 years** of age with: (circle all that apply)
 - Asthma
 - Cancer
 - Diabetes
 - Heart disease
 - HIV/AIDS
 - Kidney disease
 - Lung disease
3. I know a **healthy child** between 6 and 23 months. Yes ___ No ___
4. I **live with** a person who is in one of the categories above. Yes ___ No ___
5. I live in a **long-term care** facility. Yes ___ No ___
6. I am a **health care worker**. Yes ___ No ___
7. I am a child or adolescent on **aspirin therapy**. Yes ___ No ___
8. I am in my 2nd or 3rd trimester of **pregnancy**. Yes ___ No ___
9. I want to prevent flu in my family, my community, and myself. Yes ___ No ___
10. I haven't had my influenza shot yet and it's:
 - November
 - December
 - January
 - February
 - March



***If you answered yes to any number 1 thru 9 you should get a flu shot.**

***Flu season lasts from November thru March. It's never too late to get your flu shot**